



Virtual Fitness Schedule



Click to join us on Facebook Live!
Virtual GEX classes, to begin Monday 1/4/2020

MON	TUE	WED	THU	FRI
9:00am Instructor's Choice	9:00am Instructor's Choice	9:00am Instructor's Choice	9:00am Instructor's Choice	X
11:00am Instructor's Choice	11:00am Instructor's Choice	11:00am Instructor's Choice	11:00am Instructor's Choice	X
				X